

Memory Jogger

The average person has made the acquaintance of at least 2000 people by the time they reach 20 years old. Over the course of a lifetime, that number will usually reach about 80,000. Immediate family, and close friends are relatively simple to bring to mind, but this list will help you remember some of the thousands of other people in your life.

Pull out an old yearbook from high school, look up coworkers from prior jobs, track down cell-mates or college roommates, any ambitious minded people you may have ever met or will meet.



Accountant
Air conditioning service person
Arborist
Barber
Bartender
Baseball Coach
Cab/Uber/Limo Driver
Car Dealer
Chiropractor
Church members
Church Organist
Coat check at favorite club
Co-workers
Co-volunteers on committees
Convenience Store Clerk
Day Care Giver
Dentist
Dental Hygienist
DHL Driver
Doctor's Receptionist
Dog walker
Coffee shop Servers
Endocrinologist
Fast Food Clerks
FedEx Driver
Flooring Installer
Football coach
Golf Pro
Grocery Cashier
Grocery Store Deli Clerk
Grocery Store Stock People
Gymnastics coach
Gynecologist
Hairstylist
Hardware store salesperson

Insurance Salesman
Instacart Delivery person
Irrigation service person
Landlord
Landscape
Lawn care specialists
Lawyer
Little League Coach
Little League Umpire
Mailman
Mail Clerk at work
Nail Technician
Neighbor
Nurse Practitioner
Oncologist
Orthopedic Doctor
Pastor/Priest
Periodontist
People on the bus, train or plane
Pizza cashier
Pizza Delivery guy
Primary Care Physician
Rental Car Sales Clerk
Restaurant Host/Hostess
Shoe salesperson
Snow removal guy
Soccer coach
Sub shop food preparer
Surgeon
Sushi Chef
Tennis Pro
UPS Driver
Urologist
Vendors at local festivals
Waiter/Waitress